

Plain & Valley

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 Covering Southeast Saskatchewan and Southwest Manitoba



The South East Integrated Care Centre in Moosomin. Starting next year Moosomin, Redvers and Esterhazy will see medical residents spend their entire residency in these rural areas, as opposed to just a few months.

Moosomin, Redvers, Esterhazy among centres that will see residents Medical residents to be trained in SE Sask

BY KEVIN WEEDMARK
 Saskatchewan's residency training program is being expanded in the southeastern part of the province, the Department of Academic Family Medicine (DAFM) within the University of Saskatchewan (USask) College of Medicine and Saskatchewan Health Authority announced.

Currently, communities like Moosomin host medical residents for two-month stints as part of their medical residency.

Starting next year, Moosomin is one of the communities that will be home base for residents for their entire residency, with short stints in smaller and larger communities to add different skills.

"This expansion will provide valuable experience to our medical graduates and help improve access to care for residents in smaller, rural communities," Mental Health and Addictions, Seniors and Rural and Remote Health Minister Everett Hindley said.

"It will also contribute to physician retention outside of major centres. We are pleased to support the new site (southeast Saskatchewan) with \$1.2 million in funding this fiscal year."

The expansion will provide training opportunities in 12 rural Saskatchewan communities: Estevan, Humboldt, Moosomin, Weyburn and Yorkton, where a significant amount of training will take place, as well as Esterhazy, Indian Head, Melville, Redvers, Strasbourg, Watrous, and Wynyard. Many communities will operate as training sites to create a fuller learning experience and enhance patient care throughout the region.

"This is a great step for our program and for family

medicine in Saskatchewan," said Dr. Kathy Lawrence, DAFM provincial head. "Expanding our program means that we can provide additional training opportunities for USask medical graduates, while increasing medical supports to rural communities in southeast Saskatchewan."

There are currently 48 family medicine residency spots available in Saskatchewan. This expansion will allow four more family medicine residents to pursue training in the province, bringing the provincial family medicine residency allocation to 52.

The program will welcome residents to the new training site in July 2022.

Roets explains background behind announcement

The hosting of medical residents in Moosomin and other communities in southeast Saskatchewan, starting next year, is an extension of a program through which residents spent short periods of time—usually two months—in rural communities as part of their training.

"Before this year we had seven training sites around the province, and 48 positions for residents," said Dr. Erika Roets. She and Dr. Kristin Foy are the southeast expansion leads for University of Saskatchewan's Rural South East Family Medicine Residency Program.

"The whole exercise of this year was to develop an eighth site with four more positions," explains Roets. "What we have been doing this year is we've been getting

rural residents from the other sites here for two months at a time to give them rural experience.

"So we've got residents from Regina, from Prince Albert, from Moose Jaw, from Saskatoon and they'll come here for two months at a time, but they're not our residents, they just do rural training with us."

"Coming in July of next year, our area, Southeast Saskatchewan, from Humboldt in the north to Weyburn/Estevan in the south, and including Moosomin, will have its own training site with our own four residents."

"While they will be based in Moosomin and the larger communities, the residents will also spend some time training in other communities in the region, including Esterhazy and Redvers."

"They start in their home base, then they might go to Yorkton to get obstetrical exposure, then they'll do psychiatry, they'll do internal medicine. Then in their second year we want to put them out in a small community like Redvers, Esterhazy, Melville, or Indian Head for two months, and that will really give them the true small town rural experience," says Roets.

Roets says she believes it's important to offer medical residencies in southeast Saskatchewan

"It's very important," she says. "We are losing rural physicians because people can't work on their own. There's no such thing as a one buggy, one horse, one doctor town anymore, because people want to have a balance between work and life. If you're the only doctor in town, you're on call 24/7 which is unhealthy."

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Roets explains background behind announcement:

Medical residents to be trained in SE Sask

Continued from front

"Moosomin came up with a model that works by having several doctors who can share call at the hospital and also staff clinics in surrounding communities.

"At the moment we have nine docs based in Moosomin and they serve four satellite clinics in the smaller towns, but we share our on call hours so you're not on call every night, you're on call one out of five or one out of six nights. We cover up to 14 communities. I do deliveries as far north as Esterhazy, south as far as Redvers and the border. We have people coming from Virden in Manitoba. Dr. Crouse has a clinic in Elkhorn. We cover a huge area and that's how we made it work, but if we don't teach these young kids about rural practice they're not going to want to come to someplace like Moosomin. If they can see it and experience it, there's a good chance they will want to come here and make their career here."

The Moosomin and District Health Care Foundation has helped provide accommodations for residents coming to Moosomin for two-month rotations.

"Our current support from the Health Care Foundation is until May," says Roets. "We will ask them if they would consider prolonging their support in some way. Even if they could just help us make the accommodation more affordable it would help, because these young docs will have to look after their own accommodation because they'll be here for two years. We are so thankful for all the

support we've received from the foundation.

"The Redvers Health Foundation has been really great as well, they've been sponsoring accommodation there, so does Indian Head. Actually the small towns are amazing!"

Roets said planning has begun for bringing the first medical residents to southeast Saskatchewan.

"We've already started advertising for residents for next year and in the beginning of February we will start having what we call town halls for them where they can ask us questions and we will introduce them to the doctors in the local communities," she said.

Roets says there has been positive feedback from those who have done two-month residency placements in Moosomin and area.

"I think it's absolutely amazing, everybody wants to come back," she said. "One of our residents is from Winnipeg so he has a return of service to Saskatchewan (the obligation to practice in the province for a specific time period in return for financial support in medical school).

"Of course Moosomin is the nearest to Winnipeg you can get in Saskatchewan, so he's considering doing his return to service or part of it here in Moosomin. We have a doc from Ontario who also has a return of service and she's looking into relocating her partner so that she could perhaps come and work here again.

"I think they enjoy it, but the big thing is that they get a

lot of different experience. We're not babysitting them but we're always there. They get the experience, they get the real feet on the ground, hand on the patient experience, and they have the support of all our docs. We're always there for them, so the feedback has been absolutely amazing."

Lawrence says residency program a huge step forward

Editor Kevin Weedmark spoke last week with Dr. Kathy Lawrence, head of the Department of Academic Family Medicine at the University of Saskatchewan College of Medicine, about Saskatchewan's residency training program being expanded in the southeastern part of the province, including Moosomin.

Starting next year, Moosomin is one of the communities that will be home base for residents for their entire residency, with short stints in smaller and larger communities to add different skills.

How did the plan to train residents in southeast Saskatchewan come about and what's the backstory?

I think there has been a lot of work over many years to see how we might expand training into the area. We've had a number of students in our undergraduate program spend some time down there. Some of the communities have a long standing history of having residents in them. But this next step to have permanent learners in place, this latest work on it started in



Dr. Kathy Lawrence

the spring.

We were given the opportunity by the College of Medicine and the Ministry of Health to do a feasibility analysis and have some faculty leaders from the community work with our department to look at how we might be able to have residency training and in the southeast, and what communities were available and had the right mix of patients and physicians and other team members to start taking on.

Continued on page 4

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Lawrence says residency program a huge step forward

Continued from Page 3

And so the team that did that presented that information back to us, and then we got the go-ahead from the College of Medicine and the Ministry to start recruiting residents and moving forward on it. So it was really a team effort between the Health Authority, the College of Medicine and the Ministry to have all the right pieces in place to put this together for us.

Will this be a permanent expansion of the program?

Our hope is that it's permanently in place. Usually we don't move to this until we're fairly comfortable that it's going to be successful. So barring anything unusual, I don't see it stopping and this is the process we've used as we've expanded training around the province in the past.

Is rural placement fairly commonplace through medical schools? Or is this fairly unusual?

There are opportunities throughout the undergraduate program and I think when you look across Canada, and even across Saskatchewan, it's fairly common. Approximately half of our residents train outside of Regina and Saskatoon each year. So it's a growing recognition of the importance and taking advantage of all of the opportunities we have to train. We also know that it provides a great environment for learning and that if we train people where we want them to practice, they're more likely to be comfortable practicing there.

What are the main benefits of having some of the

training outside of the major centers?

Well, I think that, first of all, there's no reason why it has to be in the main centers. I think that the learners get an opportunity to provide care in a place where there aren't as many layers and layers of learners, layers of the consultants. So when we're looking at family medicine, and people that are really working, first contact with people training in a place where there aren't a whole lot of other people, there is really an ideal opportunity for them to gain skills and refine what they need to learn. And I think a big part of it is, again, we need family physicians everywhere in Saskatchewan, but making sure that people understand that this is a rewarding and meaningful place to work and that they have the skills there by having trained there I think is an important element for us.

How involved will some of the local physicians be in supervising these residents?

It will all be local. Our department is spread out throughout the entire province. So we have many people in different communities leading this and so centrally within the department, we provide some of the core academic support, but all the day to day teaching and supervision is provided by the people in the community.

How excited are you to see this project go ahead?

I think it's absolutely wonderful. I'm so excited for the community. And I'm so grateful to the people who have taken this step with us, both the staff and the physicians

and soon to be the community members that are all going to be part of this. I think it's a huge step forward for us.

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Plain & Valley
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Steven Bonk, MLA
 for Moosomin Constituency

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The Moosehead Inn burned to the ground on September 11. The Moosehead, with a cabaret upstairs and a restaurant downstairs, was well-loved by people around Southeast Saskatchewan, and readers were asked to share some of their memories.

Left: The Moosehead after the fire. **Right:** Jennifer Howie from Estevan celebrating a friend's 40th birthday at the Moosehead in 2018.



Memories of the Moosehead

Such a sad weekend for anyone that knew and loved the Moosehead!

When I think of Kenosee Lake, I think

of the Moosehead. I grew up, as did my daughter going to the Moosehead right from a little girl and we often made the

trip back to Kenosee to visit with family for a Sunday Supper or birthday celebration! Their food was absolutely amazing and the culture and atmosphere was second to none. Who hasn't heard of the famous Moosehead pizza! My family will miss the Moosehead...it was like going back home.

Was a sad day when we learned of the fire, just so glad that no one was hurt.

Dawn Joubert

until my husband and I purchased our cottage at Good Bird's Point when I truly fell in love with the area. In the summer of 2014, I began working at Allison's Park Store at the Kenosee Lake main beach. Kenosee Lake has become my happy place. I can honestly say my day is not complete without Dale and his wonderful daughter Julianne, coming into the store to say hello. I've come to know Dale's generosity over the years.

On a Sunday night in May, I joked that if I'd known they were popping by for a visit, I would have ordered a pizza for supper! Less than an hour later, Dale dropped off supper for myself and the gals in the ice cream shoppe and wouldn't accept any payment. I've enjoyed so many pizzas and other delicious meals during these past eight summers. This summer for whatever reason, I stuck to the lasagna.

Each summer at the park store, we have boatloads of tourists who are new to Moose Mountain Provincial Park. A common question asked is "where can I go to sit down for a bite to eat?" We are truly blessed to have a number of excellent eating establishments close by but the Moosehead was the 'must experience' top of the list, if time is limited. The number of customers returning to the store the next day, thanking me for the recommendation was proof that Dale and his staff were doing a fantastic job!

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Daryl Harrison
Member of the Legislative Assembly
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Seeking CT Scanner for Southeast Integrated Care Centre MDHCF meets with MLA Bonk

BY KEVIN WEEDMARK

Representatives of the Moosomin and District Health Care Foundation met with Moosomin MLA Bonk recently as the health care foundation works on securing a CT scanner for the Southeast Integrated Care Centre in Moosomin.

The Health Care Foundation wrote to Saskatchewan Health Minister Paul Merriman earlier this year asking that the province fund a CT scanner for the Southeast Integrated Care Centre in Moosomin.

Foundation Chair Bill MacPherson said Bonk told him he will take the issue to the health minister, and said he told Bonk that the health care foundation will not stop pushing until it gets a CT scanner.

"I wanted the meeting with him today because we really need this CT scanner," MacPherson said Friday.

"The airport and the CT Scanner go hand-in-hand like they're married to each other. What's the use of having a good airport that can land air ambulances without the CT Scanner to feed the patients to have the ambulance running. It'll save lives. It's just common sense that if we have one we need the other. A CT Scanner is worth \$1.5 million to \$2.5 million. If the province is going to give us \$1.5 million, the foundation could contribute on top of that so we have something that's going to work for us. So if we have to jack it up a bit so be it. We've had people offering money to us. They want to donate to the CT Scan Machine and we told them woah, hang on here, like we can't accept this money because we're not fundraising for a CT Scan Machine... yet."

MacPherson said Bonk will take the proposal to Minister of Rural and Remote Health Everett Hindley.

"He promised to talk to him and to get back to me before the end of the month, and I told him we're not going to stop until it's here.

"We're not going to stop. You don't tell Moosomin no, or they're just going to

"We're not going to stop . . . Moosomin's never backed down from a fight yet."

—Bill MacPherson, MDHCF chair



The Moosomin and District Health Care Foundation met with Moosomin MLA Steven Bonk Friday as it works on convincing the provincial government that the Southeast Integrated Care Centre in Moosomin needs a CT scanner.

work harder, as you know as well as I do. They're not going to tell us we're not going to get a CT Scan Machine. We're going to be the squeaky bearing that just keeps grinding away, because we need it. It's just not something we want just because we've got to have it. We need it to save lives. If you have a stroke it's going to be a lot easier on you if they put you through that CT Scan Machine and they can see what type it is. If they know that early on, it makes a big difference in the quality of life you can have after.

"But we will keep working on it. Moosomin's never backed down from a fight yet. So we're just going to keep going."

Dr. Erica Roets said at a Health Care Foundation meeting earlier this year that a portable X-Ray machine purchased for SEICC has saved lives and she has no doubt a CT scanner would as well.

"I can't tell you how valuable that piece of machinery is. I cannot emphasize it enough," Roets told the foundation board members at a meeting earlier this year. "It has truly saved lives. I'm not a dramatic person, but it has saved lives."

She said a CT scanner would be even more useful and she has absolutely no doubt that it would save lives. "There is no doubt in my mind," she said. "I know it will save lives."

"We need a CT scanner to be able to diagnose a stroke or brain bleed or an aortic aneurysm. Right now if we think it's a stroke the patient has to go to Yorkton or Regina to have it diagnosed, so we lose valuable time. We're two hours from Regina, by the time the patient's here the golden hour's over and then we still need to STARS lift them or ground transport them to Saskatoon, so another two or three hours. If we can diagnose them here, you would lift them right away to Saskatoon and save time and make a huge difference for people.

"We wouldn't just use it for strokes. We would also use it for serious motor vehicle accidents, ATV rollovers, skidoo accidents and accidents like that, horse accidents, farm accidents, all those trauma cases that we deal with here in Moosomin.

"And of course, other conditions, people with complex abscesses in their stomachs and appendicitis that doesn't follow the handbook and is not typical. You need a CT-scan to know because nothing else gives you that answer, a surgeon's not going to touch them without a CT-scan. There are so many conditions that it would help diagnose.

"If you think about the amount of gas and amount of EMS time we're wasting, sending people for CT-scans, it's crazy. You have the EMS personnel pick them up, take them to Regina, wait half an hour, have the CT-scan, wait another half an hour to watch they don't get a reaction, drive back. That's five to six hours out of our EMS personnel's time. So there's an ambulance out of town, not available for anything else, because the ambulance is out of town with a patient for a CT-scan. So now you have another EMS team that has to stand in. It has a ripple effect, it's not just the scan, it is everything else. If we have a CT scanner here we can make decisions earlier and we can make plans earlier."

Continued on page 8

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Doug Armstrong: 306-735-7658 or Colette Branigan 306-840-7653



Above Left: Charissa Polvi and Tammy MacDonald at the Claire Bear Drive. **Above Right:** Claire with some of the Claire Bears.

Claire Bear Fundraiser: Family grateful for outpouring of support

When Claire Norek was little her nickname was Claire Bear. She will never forget that nickname because it has come to mean so much more over the last year.

On September 4 of last year, Claire was badly injured an ATV accident. The community rallied around her with a Claire Bear drive, raising funds for the family, who have paid it forward by contributing the funds to STARS Air Ambulance and the Esterhazy Fire Department.

750 bears were ordered and the drive was held in October of last year.

Now Claire continues her recovery knowing the whole community has her back. Kevin Weedmark spoke with Claire and her mother Audra in September.

Tell me about the accident and how all this started.

Claire: I got into an accident on a quad and I ended up being in the hospital for three months. While I was in the hospital Abby and Chloe, my sisters, had texted me and said hey, just wondering do you like purple or do you like brown bears or dark bears? I thought they would make me a teddy bear because I was in the hospital and I thought aww, that's cute because I have three teddy bears that are very important to me. So I was like maybe I can have another one for this big moment in my life.

Then I got this notice they were doing a Claire Bear Drive and I was like well hang on Claire? I'm guessing that's for me but I have no clue what that means? And then I found out that they organized a teddy bear drive called Claire Bears for my family.

Audra: It was really quite remarkable for us being up there for three months and not being back here. We have four children so I was up in the hospital with Claire and my husband would go back and forth. The community and family and friends' support was just absolutely amazing, especially with Covid and having limited access to come up and visit, friends just really went above and beyond to show their support and just to let us know even though they couldn't be there they were thinking of us.

How does it feel knowing that people not only cared enough to organize it for you but also cared enough to come out en masse and support it the way they did?

Claire: When they said they were doing it I said oh that's so awesome, you'll sell a few bears, that's so cool. I didn't understand how big it was going to be. Some people just bought bears and then donated them. People came from everywhere. I thought the people of Esterhazy will come and buy but there were people from other towns, from all over. Some people donated the bears and I gave them to the Children's Hospital and the Fire Department.

Audra: One of the community members, Bridgeview Manufacturing, donated \$1,000 and had the bears go to the Fire Department. We had bears that were able to be donated back to the EMS and the Children's Hospital just so that they could provide comfort to other kids maybe going through something similar or something scary when they're in these kind of unknown situations.

Claire: I wanted to give them to the Chil-

dren's Hospital for the babies, because there were a lot of babies there.

Audra: The support was absolutely overwhelming. Obviously we're touched beyond belief. There really are no words to express the level of amazement that we had.

Claire: I didn't expect anything like this. It was the coolest thing that anyone has ever done for me.

Can you tell me a little bit more about the accident and about the treatment that you required afterwards? You were in Saskatoon for three months?

Claire: Yes, 84 days. So on September 4, I got into a quad accident with a truck at an intersection and then I was air ambulated to Regina to have emergency surgery and then I was air lifted to Saskatoon where I spent the rest of my time. I was in an induced coma for 10 days. In that time they removed my leg below the knee. I also suffered some head trauma. I had a collapsed lung and I lost the use of my right kidney, and I fractured my hip. Oh and I shattered my pinkie.

What was the care like in the hospital?

Claire: Wow. It's an amazing centre. It is so amazing. I was still 15 at the time so I went to the Children's Hospital. I was able to have my mom there which is amazing. They have this huge awesome centre there where you can go and they have a kitchen, they have music therapy and a fun room for kids to play.

While I was there I got to do music therapy and I even got to accredit that to my band mark so I got a credit for that. They also had physio in the building and the physiotherapists there are just awesome. They're the nicest people. I miss them so much because they were just so cool and their program was awesome. I was dealing with CRPS at the time, just a chronic pain syndrome in my remaining foot, so they had to keep pushing me with the therapy.

Audra: When we were there, the Children's Hospital celebrated its one year anniversary and it truly is a remarkable facility. Between the occupational therapy, physiotherapy, music therapy, they had teachers on staff that worked with our teachers back here in Esterhazy. Like Claire was saying, the music therapy, even physical therapy, they allowed for her to use it as a Phys Ed mark. At the community level the school, the Esterhazy High School, and the staff there were fantastic with working with us and just when you talk about that facility there it was absolutely remarkable.

Essentially we lived in a bubble in those early days just focused day to day on recovery. Being away for three months, and knowing that my kids at home were being supported was such a relief (I stayed in Saskatoon and then after the first month Dallas and the kids would come back and forth on weekends). We appreciated every meal, message, prayer, positive vibe, virtual hug and parking lot visit. We wouldn't have gotten through such a tough time without it and we are eternally grateful.

How did the Claire Bear sales—were the funds to go to the family initially?

Audra: The intention was they were thinking of us and it was just something they could do, but with the medical system we didn't have bills associated with Claire's therapy and stay in the hospital so we wanted to be able to pay it forward knowing how lucky we really, really are.

When we were in the hospital, you could hear the helicopters landing. Honestly if they didn't land twice a day during those 85 days that we were there, then they didn't land once. It was constant.

The first responders obviously were amazing to get Claire prepared, but if STARS didn't exist Claire wouldn't be here.

Knowing that, and being in the hospital and hearing those helicopters land every day, we just wanted to be able to pay it forward a bit knowing one flight out usu-

ally is about, \$5,400 or \$5,600, and so with the funds that they raised we were able to present STARS with \$6,000 and then we gave an additional \$500 from the remaining funds to the local Fire Department just to pay it forward. Lots of people were sharing the bears they bought with us so we got to share bears with the Fire Department too.

Claire: My favorite thing was everybody would take pictures with their Claire Bears while I was in the hospital, so I got to look through all the pictures. My favorite ones were on Halloween. Halloween's my favorite, I absolutely love it.

They would go trick or treating with them or they would set them up in their Halloween displays.

Continued on page 13

Keep your eyes on the road ahead.
Everything else can wait.

SG IIII

MDHCF meets with MLA Bonk

Continued from Page 6

"It will save time, it will save lives and it will save money," said Roets. "And if you think of the disability after a stroke, the sooner you can dissolve that clot, the sooner the brain gets oxygen and the less damage there is long term. So we're not just talking about that patient walking again, talking again, but we're talking about them not needing disability support from the government, being able to drive, being able to stay and have a quality life. It's not just about being alive but quality of life too. Post stroke patients are very difficult because it's so unpredictable what will happen, how much damage there is. So moneywise yes, it will be beneficial. Saving lives, yes. And quality of life, 100 per cent."

The cost of a CT scanner and building modifications to accommodate it would be in the \$1.5 million to \$2.5 million range, the foundation estimates.

"We're pretty well set up for it," said Roets. "One of our radiographers actually has CT training. If we do the same thing that we do with the x-rays, they take the images here and the physician's here and the specialist in Regina or Saskatoon can see it, so we still have that second pair of eyes looking at it."

"Our perfect scenario would be to have the grand

opening of the airport and then have everybody move to the hospital an hour later and have the grand opening of the CT-scanner," said MacPherson. "And there's no reason it can't happen. But we need to hear from the province on this."

The following letter was sent by the foundation to Health Minister Paul Merriman:

"We are contacting you on behalf of the Moosomin and District Health Care Foundation, representing fourteen communities that support the efforts of the South East Integrated Care Centre (SEICC).

"For many years the Foundation has been informally lobbying the addition of a Computerized Tomography (CT) Scanner for the SEICC.

"First and foremost, we believe a CT Scanner will improve the level of service to emergency head trauma patients, who currently travel an hour and half to Yorkton, or two and a quarter hours to Regina, to receive their scan. As you are aware, stroke protocol is extremely time sensitive and a local CT Scan would save precious hours. With the proposed new Moosomin airport, the region will soon be able to accommodate Sask Air Ambulance Service (planes), giving us direct access to the head trauma centres in Saskatoon. This new airport,

coupled with a local CT Scanner, will work together to speed up diagnosis—vastly improving the prognosis for head trauma. Simply: lives will be saved.

"The SEICC provides healthcare services to communities within a 100 km radius. Moosomin's 100 km radius population is 55,000. This compares to Estevan's 100 km population of 45,000, and Melfort's 100 km population of 19,500. Estevan has a CT Scanner and Melfort is slated for one in the 2020-21 Health Budget, along with \$28.5 million slated for capital equipment for health facilities.

"A local CT Scanner will also reduce the patient load in Yorkton and Regina, while providing an economic payback to SHA (reduced ambulance trips because negative scan results can be identified before the trip is made). Patient convenience is also an important consideration.

"In summary, based on population and distance from existing CT Scanners, we believe that this equipment is warranted for the SEICC and the entire area.

"The Foundation respectfully requests a written response to this letter. We are confident that a CT Scanner is justified, but if the Ministry decides otherwise, we would appreciate understanding the issues at hand."

Memories of the Moosehead

Continued from Page 5

A highlight of a typical long weekend Sunday morning at Allison's, is chatting with the hung over younger generation of campers. They are always excited to share their stories from the 'night before'. Most of those stories include tales from their visit to the upstairs of the Moosehead.

My one and only visit to the nightclub was three summers ago, for a friend's 40th birthday. We will never forget our discussion over the two toilets in a stall in the ladies washroom! It was the perfect place to 'people watch' as well.

For years, I've been trying to convince a friend of mine from Saskatoon to take a road trip out this way. Thankfully in 2021, he made the trek to do a little tenting and kayaking. We caught up on the last 25 years while enjoying supper at the Moosehead. It's sad to realize I ate the most amazing

chicken gizzards for the very last time.

It's not just the world famous food I will miss, but the overall atmosphere and charm offered by the Moosehead. The staff were always smiling, friendly and engaging. With its nautical decor, it had to have been the most unique dining experience you could have in Southeast Saskatchewan, if not the entire province.

My son Jordan, a recent university graduate, has spent six summers working at Kenosee. As a child, he spent a decade of summers, attending the local scout camp, Camp Pianue, on Gillis Lake.

Part of the ten day program was canoeing from Gillis to little Kenosee, and eventually into Kenosee Lake itself. This was no easy feat. There was plenty of portaging along the way in the July heat.

Their day always ended with the reward of supper at the Moosehead, followed by

ice cream at Allison's. These young scouts used to look forward to the days when they'd be old enough to go upstairs to the nightclub.

My son sadly can say he attended the final Moosehead September long weekend cabaret a couple of weeks ago.

It breaks my heart to think I've signed the guestbook at the Moosehead for the very last time.

Jennifer Howie

As teenagers we went to dances at Grandison's upstairs. Great music and lots of fun. Later we went for a delicious meal downstairs.

Sometimes we went upstairs to visit with folks, and dance for hours! It was a memorable place for us for many years. Just a month or so ago we went for a Sunday drive to check out Kenosee. We made a point to

have supper there. It was just as delicious as always. It is so sad that it is gone!

Margaret Fuchs

A special birthday supper with our friends Larry and Claire Rodgers and friends and family! That beautiful old furniture OMG!!!! And the very first time three years ago trying to figure out which was the ladies washroom!!

Helen Gurski

I would like to thank all our special customers for making the Moosehead such a special place.

We only tried to carry on the vision created by Eleanor Sedger and Steve and Stu and Brian R.

I am so sad it is over.

Dale Orstead, Kenosee

FOR SALE BY TENDER

Sealed, written tenders to purchase the property situate in the Municipality of Deloraine-Winchester and described below will be received by:

MEIGHEN HADDAD LLP
P.O. Box 485, Deloraine, Manitoba - R0M 0M0
Attention: Warren G. Barber, Q.C.

PROPERTY:

Parcel One: NW ¼ 33-3-23 WPM

Parcel Two: NE ¼ 33-3-23 WPM

The yard site in parcel two comprising 0.69 acres more or less is on a separate title and is included in the sale.

CONDITIONS OF TENDER:

- Interested parties must rely on their own inspection and knowledge of the property and not on the above or any other representations made by the Vendors.
- Tenders may be submitted for the purchase of either or both parcels and must be received on or before noon on Tuesday, November 2, 2021.
- Each tender must be accompanied by a \$2,500.00 deposit cheque payable to Meighen Haddad LLP. Deposits accompanying unacceptable bids will be refunded.
- Highest or any tender not necessarily accepted.

TERMS AND CONDITIONS OF SALE

- The bidder whose tender is accepted will be required to complete an agreement covering terms and conditions of sale.
- In addition to the deposit, the balance of the accepted tender must be paid within thirty (30) days from the date of notification of tender acceptance, or evidence provided that the purchase funds will be available under conditions acceptable to the Vendor. If the balance of the accepted tender is not paid within the set time limit the deposit paid may be forfeited as liquidated damages and not as a penalty.
- Possession is not authorized until acceptable arrangements for full payment are made following acceptance of tender.
- All mines and minerals will be reserved from any transfer.
- Successful bidders will be responsible for real property taxes commencing January 1, 2022.

For further information or an appointment to view, contact Lee Franklin at 204-441-7076.

MH Meighen Haddad LLP
LAW FIRM

101c

FOR SALE BY TENDER

Sealed, written tenders for the property described below will be received by:

Meighen Haddad LLP
129 Souris Street, P.O. Box 397, Melita, Manitoba - R0M 1L0
Attention: Karen Beauchamp

PROPERTY:

ALL THAT PORTION OF NE 1/4 10-3-27 WPM WHICH LIES WEST OF SOURIS RIVER AS SHOWN ON TOWNSHIP PLAN APPROVED 24 MARCH 1881
Approximately 109 acres – 82 acres are currently cultivated

CONDITIONS OF TENDER:

- Interested parties must rely on their own inspection and knowledge of the property and not on the above or any other particulars or representations made by or on behalf of the Seller.
- Tenders must be received on or before 5:00 p.m. on October 28, 2021.
- Each tender must be accompanied by a \$2,500.00 deposit cheque payable to Meighen Haddad LLP. Deposits accompanying unaccepted bids will be refunded.
- Highest or any tender not necessarily accepted.

TERMS AND CONDITIONS OF SALE

- The bidder whose tender is accepted will be required to complete an agreement covering terms and conditions of sale.
- The closing date of the sale shall be December 10, 2021 on which date the Vendors shall provide a registerable Transfer of title to the Purchaser and the Purchaser shall pay the balance of the accepted tender. If the balance of the accepted tender is not paid within the set time limit or acceptable arrangements for payment have not been made, the deposit paid may be forfeited as liquidated damages and not as a penalty.
- The successful Tenderor will be granted permission to access the land prior to closing for purposes of fall work provided that the deposit is non-refundable.
- All mines and minerals will be reserved from any Transfer.
- Land is in the Torren's Title system.
- Successful bidders will be responsible for real property taxes commencing January 1, 2022

For further information contact Lloyd Furtney (204) 522-3655 or Karen Beauchamp (204) 522-3225

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In Saskatchewan: Vaccination rules now in effect

Proof of COVID-19 vaccination or a negative test result is now required in Saskatchewan for public access to a range of businesses, event venues, as well as for all Government of Saskatchewan ministry, crown and agency employees.

Mandatory indoor masking remains in effect for all indoor public venues in the province as well.

Where proof of vaccination is needed

Proof of vaccination or a negative COVID-19 test is now required in order to access many businesses and venues. This order will apply primarily to non-essential businesses such as: Restaurants, including restaurants in hotels or other lodgings that are not fast food restaurants; Nightclubs, bars, taverns, party buses and other establishments that serve alcohol; Event and entertainment venues including: theatres; cinemas; bingo halls, casinos and other gaming establishments; concerts; live-music venues; fitness centres and gyms; stand-alone liquor and cannabis retail sales locations; and facilities hosting sporting events where tickets are required that have GST

charged on the ticket. **Where proof of vaccination is NOT needed**

Businesses and organizations exempt from the public health order include: retail businesses including grocery stores; integrated liquor stores located in other retail stores; places of worship (including weddings/funerals/wakes); personal services, health care services, professional services; public libraries; hotels or lodging including self-serve food options within the hotel; facilities hosting amateur sporting events, including youth athletics and recreational leagues; private gatherings at public venues (weddings/funerals/wakes/meetings); business meetings including Chamber of Commerce meetings; municipal council meetings; and private gatherings at private residences.

Proof of Vaccination

Businesses and organizations have several options for checking acceptable proof of vaccination. These include:

A QR code or MySaskHealthRecord vaccine certificate either printed or on the patron's mobile device as a screenshot or in SK Vax Wallet; A printed hard copy

of MySaskHealthRecord vaccine certificate with or without a QR code; Wallet cards that were issued at the time of vaccinations; and

A COVID-19 vaccination printout from Saskatchewan Health Authority Public Health.

Proof of a Negative Test

Individuals who do not have proof of vaccination have the option of providing proof of a negative COVID-19 test result from within the previous 72 hours.

A self-administered take-home rapid antigen test will not be accepted as valid proof of negative COVID-19 results and the SHA is no longer supporting testing for asymptomatic individuals at the public testing sites, preserving resources to test symptomatic and other at-risk populations.

The cost for all proof of negative test results for asymptomatic testing will be the responsibility of the individual.

Individuals requiring a negative test result have several private options on the market that will provide a rapid antigen test or a polymerase chain reaction (PCR) test for a fee.

FOR SALE BY TENDER

Sealed, written tenders for the property situate in the MUNICIPALITY of DELORLAINE-WINCHESTER and described below will be received by:

MEIGHEN, HADDAD LLP
P.O. Box 485 - Deloraine, Manitoba - R0M 0M0
Attention: Warren G. Barber, Q.C.

PROPERTY:

SW ¼ 26-2-22WPM
Approximately 110 cultivated acres
Approximately 10 hay land acres
Balance is a ravine

CONDITIONS OF TENDER:

- Interested parties must rely on their own inspection and knowledge of the property and not on the above or any other particulars or representations made by or on behalf of the Vendors.
- Tenders must be received at or before noon (12:00 p.m.) on Thursday, October 21, 2021.
- Each tender must be accompanied by a \$2,500.00 deposit cheque payable to Meighen, Haddad LLP. Deposits accompanying unacceptable bids will be refunded.
- Highest or any tender not necessarily accepted.

TERMS AND CONDITIONS OF SALE

- The bidder whose tender is accepted will be required to complete an agreement covering terms and conditions of sale.
- In addition to the deposit, the balance of the accepted tender must be paid within thirty (30) days from the date of the notification of tender acceptance, or evidence provided that the purchase funds will be available under conditions acceptable to the Vendor. If the balance of the accepted tender is not paid within the set time limit the deposit paid may be forfeited as liquidated damages and not as a penalty.
- Possession is not authorized until acceptable arrangements for full payment are made following acceptance of tender.
- All mines and minerals will be reserved from any transfer.
- The successful bidder will be responsible for real property taxes commencing January 1st, 2022.

For further information or an appointment to view, contact: **Ross Hainsworth at 1-204-534-8326 or Barry Hainsworth at 1-204-534-7868.**

MH Meighen Haddad LLP
LAW FIRM

10.1c

FOR SALE BY TENDER

Sealed, written tenders for the property described below will be received by:

Meighen Haddad LLP
129 Souris Street, P.O. Box 397, Melita, Manitoba - R0M 1L0
Attention: Karen Beauchamp

PROPERTY:

W ½ 17-5-29 WPM EXCLUDING ALL MINES AND MINERALS

Tenders should be submitted for the W ½ 17-5-29 WPM. Not being sold as individual quarter sections.

N ½ 7-5-29 WPM EXCLUDING ALL MINES AND MINERALS

Tenders should be submitted for the N ½ 7-5-29 WPM. Not being sold as individual quarter sections.

If bidding on both half sections submit separate tenders and separate deposit cheques for each.

CONDITIONS OF TENDER:

- Interested parties must rely on their own inspection and knowledge of the property and not on the above or any other particulars or representations made by or on behalf of the Seller.
- Tenders must be received on or before 5:00 p.m. on November 15, 2021.
- Each tender must be accompanied by a \$2,500.00 deposit cheque payable to Meighen Haddad LLP. Deposits accompanying unaccepted bids will be refunded.
- Highest or any tender not necessarily accepted.

TERMS AND CONDITIONS OF SALE

- The bidder whose tender is accepted will be required to complete an agreement covering terms and conditions of sale.
- The closing date of the sale shall be January 12, 2022, on which date the Vendors shall provide a registerable Transfer of title to the Purchaser and the Purchaser shall pay the balance of the accepted tender. If the balance of the accepted tender is not paid within the set time limit or acceptable arrangements for payment have not been made, the deposit paid may be forfeited as liquidated damages and not as a penalty.
- The successful Tenderor will be granted permission to access the land prior to closing for purposes of fall work provided that the deposit is non-refundable.
- All mines and minerals will be reserved from any Transfer.
- Land is in the Torren's Title system.
- Successful bidders will be responsible for real property taxes commencing January 1, 2022

For further information contact **Tony Lampertz 306-482-7062**

MH Meighen Haddad LLP
LAW FIRM

FOR SALE BY TENDER

Sealed, written tenders for the property described below will be received by:

MEIGHEN HADDAD LLP
P.O. Box 397, Melita Manitoba - R0M 1L0
Attention: Karen Beauchamp

PROPERTY:

SW ¼ 11-8-29 WPM exc all mines and minerals

There are 4 oil well sites which will be assigned to the successful Tenderor.
100 acres of alfalfa, 20 acres of cultivate

CONDITIONS OF TENDER:

- Interested parties must rely on their own inspection and knowledge of the property and not on the above or any other particulars or representations made by or on behalf of the Seller.
- Tenders must be received on or before 5:00 p.m. on December 13, 2021.
- Each tender must be accompanied by a \$5,000.00 deposit cheque payable to Meighen Haddad LLP. Deposits accompanying unaccepted bids will be refunded.
- Highest or any tender not necessarily accepted.

TERMS AND CONDITIONS OF SALE

- The bidder whose tender is accepted will be required to complete an agreement covering terms and conditions of sale.
- The closing date of the sale shall be March 1, 2022 on which date the Vendors shall provide a registerable Transfer of title to the Purchaser and the Purchaser shall pay the balance of the accepted tender. If the balance of the accepted tender is not paid within the set time limit or acceptable arrangements for payment have not been made, the deposit paid may be forfeited as liquidated damages and not as a penalty.
- Possession is not authorized until March 1, 2022 and acceptable arrangements for full payments are made following acceptance of tender.
- All mines and minerals will be reserved from any Transfer.
- Land is in the Torren's Title system.
- Successful bidder will be responsible for real property taxes commencing January 1, 2022

For further information
contact **Robert or Connie McQuiston 204-851-2174**

MH Meighen Haddad LLP
LAW FIRM

10.2c

Grand opening held for Moosomin's Liberty Swing



Jenny Beckett claps as she takes a ride in the Liberty Swing. Beckett is in a wheelchair and the swing allows her to experience the joy of swinging.

There were hoots and hollers and shouts of "I'm flying!" as participants of the Pipestone KinAbility Centre tried out the Liberty Swing at Bradley Park in Moosomin on September 15.

The grand opening of the Liberty Swing was held on September 15. The Liberty Swing allows people in wheelchairs and with mobility issues to participate in the joy of swinging. The swing is located in the Kinette Playground at Bradley Park, with money raised by the Pipestone KinAbility Centre and the Moosomin Kinettes to make the swing a reality.

"When Sasha (Chychul) and I took on this project, we knew it was too big for us," said Kelly Delmage, executive director of Pipestone KinAbility Centre at the grand opening. "So we talked to the Kinettes and they were a monumental help in getting this project off the ground, and they helped us reach out to the town who donated the site for the swing."

"The participants of Pipestone KinAbility Centre went to every business in town with sponsorship letters and they asked for Moosomin's help and Moosomin stepped up in a big way."

"This was a huge project and there are very few of these in Canada, let alone small town Saskatchewan. The nearest one is in Saskatoon and we were able to get this on the ground for a grand opening in under two years which is a huge accomplishment."



Councillor Murray Gray cut the ribbon to officially open the new Liberty Swing at Bradley Park in Moosomin on Sept. 15 along with staff and participants at the KinAbility Centre, and members of the Moosomin Kinette Club.

"I'm very proud to be here today to open this swing," said Moosomin town councillor Murray Gray as he cut the ribbon. "It's something that not very many communities can say that they have. The saying that it takes a village, it's very true in this case because so many people that wanted to see this here donated their time, their efforts,

their energy. It's very humbling to be able to open up something that can make our community that much more all inclusive, which is really why this is here."

Delmage said afterwards that the participants at the KinAbility love the new swing and say that it feels like they are flying.



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Kenosee from the sky

A few recent photos of Kenosee from above, clockwise from right: Golf Kenosee with Beaver Lake in the background, the point near Poplar Tree Trail, subdivisions west of the main beach, two views across Kenosee Lake, the view from behind the Chalet looking toward the lake, the main road through the park, and the Chalet.



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Some of the unique vehicles on display during the car rally at the Elkhorn Auto Museum.

Car Rally held at Elkhorn Antique Auto Museum

BY ED JAMES

The fall colors in the Westman area were only recently matched by the brilliant colors of over 40 classic, antique, vintage and hot rod cars and trucks that came out for a car rally at the Elkhorn Antique Auto Museum on Sept. 26.

The event was organized by Dave Burba of Brandon, head of the Brandon Road Rebels vehicle club. Burba, working with museum secretary/treasurer Allison Volk, arranged for the event at this late date as the museum, one of the best kept secrets in the Westman area that was closed for the season, was to be opened for tours and a barbecue lunch for the group.

The three-hour event brought in vehicles from four local car groups, including one group from Saskatchewan. The vehicles formed up in two long lines on the west grounds of the museum and the crowd of over 100 people took a lot of time checking out the vehicles and sharing information while at the museum there was a steady flow of visitors to the museum's antique vehicle collection and other collections the museum has restored and put on display.

At noon there was a barbecue lunch, with the volunteers following and observing all the present Covid precautions for the safety of everyone.

The visitors that day also included traffic from the high-way and from local communities.

All during the event there was background music from the Second World War period that was part of the military Jeep tribute display to honor the men and women who served Canada in times of war.

The time went quickly and the weather was perfect, and after 2 pm the vehicles started to leave in ones and twos. However, many gave a final farewell to a great rally day by doing a few spin outs on the private and paved section of road in front of the museum. You could see some smoke and black tract marks!

"The car club rally and museum visit was a great day for everyone, with many of our local volunteers enjoying their visits to the vehicles on display," said Allison Volk. "The help of the many volunteers from Elkhorn and surrounding area helped so much to make the day a success."

The museum is now closed for the season, but under special circumstances it can be opened for private visits with local volunteer guides. Hopefully next year, it can

go back to its regular busy schedule of community events, that were missed this year because of the changing Covid restrictions.

In a related story, the painting has been completed on the old Anglican Church steeple. The church was moved from Kirkella to the Elkhorn Auto museum site last year. The next part will be the painting of the outside of the building and a clean up inside. The museum staff is still hoping that the baptismal font that vanished shortly before the church was moved will be returned, as it is felt that someone is looking after it for safe keeping!

The Elkhorn Antique Auto museum is one of the best kept secrets in the Westman area, but it is well worth your time for a visit if you are in the area!



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Family grateful for outpouring of support

Continued from page 7

You went to STARS to present the cheque?

Audra: When we went to present that to STARS it was really a wonderful opportunity because Claire got to meet Jolene and Darren who were the paramedic and the nurse on the flight.

Claire: Really cool people.

Audra: I'm absolutely so thankful that there are people out there who can do what they do and keep their calm in these crazy situations. That was really wonderful. I don't think we had dry eyes within 10 seconds of stepping into the place.

Claire: I cried.

Claire how much of an impact has this accident had on your life? Are you still doing physiotherapy and things like that?

Claire: I did physical therapy all throughout when I was in the hospital, then when I got out of the hospital around December I started doing it three times a week in Yorkton. The Yorkton facility's amazing too, the only problem is that it would take an hour to drive there then you would be there for an hour and then it would be an hour back. So it was affecting my grades a little bit. I did the summer program which was three and a half hours three times a week and so that took up a bunch of time but I'm through that and so now I only have to go once every three weeks.

Audra: They're setting her up with an at home program. They've been really great and accommodating there working with us to get exercises that Claire can do. The amputation obviously is an adjustment.

Claire: Yeah, I can't do as many movements as I could before and I can jump but only a little bit.

But I did my first cartwheel a little while ago. I'm pretty proud of that. I kicked myself a few times but I did my first cartwheel. I'm really proud of the work I've done over the last year.

I play ball, I've got a designated runner and maybe even if I don't get it on base I always hit the ball. I'm proud of that accomplishment. I'm on honor roll. I got my first job. I've never had a job that wasn't working for family. I don't have my running leg yet because I have HO which is...

Audra: Heterotopic ossification.

What is that?

Claire: Basically my body's trying to repair something that can't be fixed so it's growing extra bone. So I have it on my hip because—Oh, I forgot to say I fractured my hip as well. Sorry, I forgot about that one sometimes. I still have pain but it's not from the break, it's because I didn't use my hip for three months so it's mostly from bursitis and tendonitis but it's when you grow extra bone that you're not needing. I sometimes joke I'm growing a leg but in the wrong direction cause it just creates bumps that



Above: Claire present a cheque for \$6,000 to Jolene Karapita and Darren Entner of STARS. The Claire Bear fundraiser raised \$6,500 for the Norek family. They decided to pay it forward by donating the funds to STARS and the Esterhazy Fire Department.

are painful in the socket. So once it's matured I can get it removed and then once it's removed at the amputation site I can get my running leg.

You see all the runners with the big "L" looking shape. Except mine will be smaller because I'm not a long distance runner, I'm more of a basketball runner which is another thing I'm excited for because I can't wait to try out for the basketball team this year.

You've gone through something Claire that 99 per cent of people will never go through in their lives and I'm just wondering over the last year, the accident, the recovery, the community support—what have you learned about yourself and what have you learned about your community?

Claire: You know, before if people were to ask me questions about who I was I would definitely say I could answer it, but after the whole experience you learn stuff about yourself that you never knew.

You learn how you handle different situations, how you feel—and I think that I did a pretty good job of keeping stable through it all but then there would be little hiccups that would make you feel bad and then there would be things that would happen that would be so heart wrenching and horrible because I had a fasciotomy, so every time they would come in and check my leg to see if I could get my wounds closed they wouldn't be ready yet and they would do it every week.

So it would just be a week of thinking it's almost ready and praying and hoping and then it not happening and so you learn stuff about yourself. You learn

how you handle that.

I came home from the hospital and the biggest thing that hit me was I had clothes in my closet that I had never worn in public because I was too nervous about it, or that, I've never dyed my hair different colors. Since I've been home I'm not afraid of that anymore. I've dyed my hair purple, blue and red. So we'll see what the next color's going to be.

I know it was a close call and I got through it because of the support of the community. I just couldn't believe the support. I don't even know half the people in the community. I live on the farm and I know my friends, their parents, but not a lot of people, and I didn't expect this at all.

There's no words to explain how grateful I am. I have my friends and they always cheered me up. Some of my friends would send me messages and my parents would play them to me when I was conscious right after the coma and I would get to listen to them, or they'd text me or they'd come and visit and I'd look out the window and wave and we'd be on the phone. I'd get to talk to them on the phone.

Audra: They'd be down in the parking lot.

Claire: It was Covid. They did all of these amazing things for me and it just makes me want to do something in return. I will do anything really in return because all that support, it was the nicest thing anyone's ever done for me.

I got to tell everybody at the hospital about how great Esterhazy is. They'd be 'oh so how is everything back home?' I'd be 'yeah I live at Esterhazy, and you know what—it's the best.' I got to talk about my friends and how kickass everyone is there.

I did brag a little bit.

What about you Audra, what have you learned over the last year?

Audra: When people say you should never take anything for granted, there's a whole new truth to that for us.

It also shows the silent support that you don't even know is there, and when people say it takes a village it truly does, because the support was just absolutely incredible and even being in the city with Claire for three months and being removed, just the outpouring of support was truly amazing.

Another group that was supportive was the War Amps. They hooked us up with a peer for Claire so she could talk to someone who had also gone through a below the knee amputation at the age of 15 and it connected me with a mother who could help answer questions. We still keep in touch a year later. The hospital helped connect us with the War Amps. Obviously this was all new territory for us and having someone help us navigate was appreciated. It was a steep learning curve to know what is available and where to look.

I've always been a glass half full rather than half empty kind of person and Claire will give me an eye roll here because every day it's about choices. Every day she wakes up and obviously her reality is different and our reality as a family is a little bit different, but she's here and learning to manage with those new realities or that pain, and that is just something we handle moving forward and sometimes Claire doesn't always appreciate my let's look on the bright side.

Claire's one of four kids. Knowing that while I was away there were people here helping and supporting my other kids, our family. Whether it was through meals or messaging or people coming and cleaning out the garden and getting canning done.

Claire: My favorite salsa is pineapple salsa and it's the best thing in the world, so people brought me salsa and I got to eat it in the hospital. I almost went through a whole container in one day and mom had to slow me down because it was so good.

Audra: So it was just amazing. There were people back here doing that for us and making sure that our kids had rides and were getting to activities. Trying to keep a little semblance of normal in the face of abnormal, just all of that was so appreciated beyond words. So when Claire says if there's anything that anybody asks of us like whether it's to participate in an ATV awareness campaign or speak about the importance of wearing a helmet or any other way we can pay back the community for the support, we will do that.

It's different but it's still going to be a very full, wonderful life, and so we're just very appreciative for all the support that we've had to get to this point and that we'll have in the future going forward.

The Claire Bear organizers shared the order sheets with us and many of them had messages of encouragement. They set up an email for people to share pictures. They truly went above and beyond and are exceptional individuals. It is impressive what they organized and we are humbled that they would do this for us. Some people then in turn donated their bears back and we were able to distribute them to the children's hospital, local EMS and the local Fire Department. Hopefully they will provide comfort to others in their time of need.

Saying 'thank you' doesn't seem sufficient in conveying the depth of our appreciation, but we are truly grateful to live in a community with such amazing, generous individuals.

Claire what does the future hold for you? I know sometimes when people go through something like this, their perspective and their priorities change a lot. What are your future plans and what do you hope to do with your life?

Claire: I'm in Grade 11 now and I've never been one person who's been like oh I need fame and I need fortune. I've never been like in my career I'm going to be an astronaut or something like that.

I've always wanted just a normal life because going through daily activities actually brings me so much joy. I want to go to the U of S, I want to be a pathologist assistant. I love biology and I love the study of the human body so I'm really excited for this.

I'm really excited for my future.



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Right: The Elva Lake of the Woods elevator as it stands today.



Left: Donna Anderson gives the history of Elva's Lake of the Woods elevator.

Dedication held for Elva Lake of the Woods elevator replica

BY DONNA ANDERSON

On Saturday, September 18, about 65 people gathered together in Elva, Manitoba to partake in the dedication of the replica of the Lake of the Woods elevator.

Elva is located in the southwest corner of Manitoba in the Rural Municipality of Two Borders halfway between the towns of Melita and Pierson on the active CPR line.

Donna Anderson, who grew up in the Elva district welcomed everyone. Donna gave the brief history of the elevator. She also explained that it was Mary Wang, also a former Elva resident, who had the idea to have a replica built. She did a lot of research and contacted David Huish of Gainsborough, Saskatchewan to design and build the elevator on a third scale of the original elevator, which is remarkably still standing! Donna thanked Mary for undertaking such a significant project.

This summer a few local fellows, namely Bob Patterson, Tyler Patterson, Delnor Davies and Jim Reddaway, had been busy preparing for this day. They not only built a cement base for this elevator and carefully placed it upon the pad, but they also repaired and painted the fence around this location, painted the Elva sign, maintained the grass, pressure washed the school cairn and put up a new flag.

These jobs and upkeep are very much appreciated. The sum of \$750 was gratefully received from the RM of Two Borders for this replica as well.

The history of Elva's Lake of the Woods grain elevator is very interesting. It is a wooden structure in the village of Elva, on the Canadian Pacific Railway Estevan Subdivision in the RM of Two Borders.

The elevator's construction dates somewhere between 1892 and 1899 and displays a characteristic squat style which was used prior to 1910. This squat style design is quite different from other prairie elevators. It was built by the Lake of the Woods Milling Company of Winnipeg.

Since the 1890s there have been few improvements to the building. Around 1950 it was partially rebuilt with a new foundation and a new scale installed. Soon after, it

became managed by the Ogilvie Milling Company when that company merged with Lake of the Woods Co. in 1954. In 1959, it was purchased by Manitoba Pool Elevators.

By the late 1960s this little elevator was just too small and inefficient compared to the larger ones built at that time. It closed in 1968 and was sold to a farmer.

Continued on page 19

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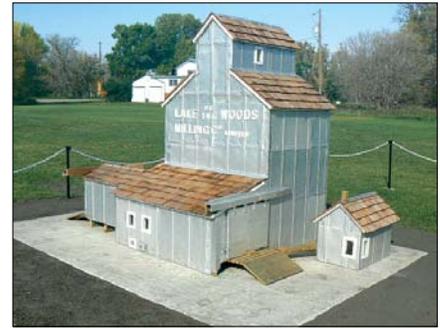
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Above: The front view of the Lake of the Woods Elva elevator replica.

Left: Mary Wang, Donna Anderson, Jim Reddaway, Bob Patterson, Delnor Davies and Tyler Patterson at the Elva Lake of the Woods Elevator replica dedication on September 18.

Dedication held for Elva Lake of the Woods elevator replica

Continued from page 14

Despite its changing of hands several times, the title on the side of the building still reflects its original ownership by Lake of the Woods Milling Company.

This particular elevator is believed to be Canada's oldest standing grain elevator at the present time. It is impressive that it has managed to survive for well over a century.

After the destruction of the Fleming elevator in Saskatchewan in 2010, the site of the oldest elevator in Canada became

the small hamlet of Elva, Manitoba. At this time this Lake of the Woods elevator should have been designated as an historic site, however, sadly, no effort to preserve the elevator has taken place. Demolition is in site. Therefore, this is why the replica of our little elevator is so important and special.

As a special note, one agent whom a lot of the people attending this dedication knew and will remember was Vic Higgins. Vic was the Lake of the Woods elevator agent in Elva from 1951 to 1956. The Hig-

gins' lived in Elva for many years. After that it was an A. Potter and then R. Murray Hagyard until it closed.

Donna then handed the microphone over to Mary Wang who explained that she just could not stand the thought of nothing being done about the preservation of this great monarch, so she took it upon herself to hire David Huish to construct a replica of it. And he did a very fine job indeed with extreme attention to detail.

Grain elevators are an age-old symbol of western Canada. The elevator was and

still is, the link between the farmer and the grain market, providing storage and serving as a shipping centre for bulk grain.

The people of Elva and surrounding districts can be very proud of the designated and well cared for place where not only the elevator replica stands, but also a beautiful sign which was erected after the very successful Elva School Reunion held July 2012 and also a stone cairn dedicated to the pioneers of the Elva district and the former Elva schools at a dedication ceremony held October 15, 1989.

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Kohr Capital hopes to move on to next phase with Cobblestone House

BY KEVIN WEEDMARK

Larry Scammell of Kohr Capital says he hopes the investment gathering phase of Cobblestone House in Moosomin will be completed soon and it will be on to the next phase. Cobblestone House is a 42-unit long-term care/assisted living facility. "We've made steady progress and the finish line is in sight," he said. "There was never a script, there was always a 'this will happen' attitude. So step by step, we have moved forward. Do I think we're where I thought we would be? Yes. I would like to think we can get it to the proverbial finish line in the month of October. And I believe that's possible."

He said there has been strong support from local investors.

"I'm happy to report that it will be 100 per cent locally funded and invested in. And that has been the plan all along, since day one. So from my perspective, I don't think I'm happier. And the next steps would be to get it built, get it full, and get it operating."

"We've also maintained that we're invested in the project as well. So this isn't a case of 'sure we're here today, but gone tomorrow.' Absolutely not. What we've also done is created an advisory committee for the project and the business, which will include at least three or four investors. It'll have three seats, one each for Bridge Road, Kohr Capital, and Care By Design."

"We also have commitment and support from Dr. Van Der Merwe that the doctors, support the project, and also would occupy a seat on that advisory committee."

"In the conversation with a group of potential investors this week, I said 'this here is the management team.' And I'm going to have a seat on that because I want to have input and influence over the outcome of my investment. That's how I see it."

"I have said to a number of people I've been chatting with is 'don't be surprised in 10 years to see my daughter take my place on that investment committee, because this isn't for me that I'm doing this, this is for my generational wealth transfer down the road.' Time and time again, obviously this is an agricultural community, among



A rendering of Cobblestone House which will be located next to the Pipestone Villas in Moosomin.

other things, but what you see is transitioning the farm to the kids. I don't have a farm. I'm not a farmer. So this is my version of that. So to be selfish, that's where I come from. And I think I got the point across that we're in this for long haul."

Ready for permitting

Scammell said permitting will begin soon.

"I think as early as this Friday (October 15) we are going to be submitting permits. The 99 per cent complete drawings I think are scheduled back this week, which means go time."

"You'd see some activity on the site within a couple of weeks. One of the things that will need to happen, and this will probably draw criticism, but some of the trees are going to have to be removed unfortunately. So you will probably see that. On the north side of the property, there's a power pole that's going to have to be moved. So that's probably one of the first things you'd see. The site trailer, which is currently sitting in the parking lot, isn't going to stay there forever. I believe that Mike, the site supervisor, is waiting for the town to approve it to be parked in the parking lot across the street. So that's the construction plans. And let's go."

What does Scammell believe the hardest part of the whole process has been? "From my perspective, I would say

building the relationship with the community," he says. "Showing up and just being persistent and being patient. Because we are from Saskatchewan, and Kohr Capital

too. Not me, I'm from Winnipeg originally, but Shayne and Conal are both from small communities. Shayne is from Battleford and Conal is from Melfort/Tisdale area. So we understand that we can't just walk in or parachute into a community like this and just expect to be a door wide open."

"It's just taking that amount of time to really build that trust and get that sense of who we're going to be, and whether you like it or not, we're going to be here for a long time. And we hope you like it because we need to work together. This kind of thing takes forever, it takes time."

Scammell says there is room for additional potential investors in the project.

"I would say to you, if you're considering involvement, we'll find a place for you. There's going to be a few people that are sort of outside of this sort of core group. And if they can get in in time or just put up their hand to get information, we will not say no to anybody until we're done."

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Kipling area municipalities meet with Hindley, Bonk over rural ambulance issues

BY KARA KINNA

Four people representing eight municipalities sat down for a Zoom meeting with Saskatchewan Minister of Rural and Remote Health Everett Hindley and Moosomin MLA Steven Bonk on August 17 to discuss rural ambulance issues in Southeast Saskatchewan.

A number of municipalities around the province have started to take issue with rural ambulance service problems that are leading to lengthy delays on some calls, and local ambulances covering wider and wider areas due to staffing shortages in the rural areas.

Eight municipalities in Southeast Saskatchewan that are served by the SHARun ambulance and hospital out of Kipling—including the towns of Kipling, Kennedy, Windthorst and Glenavon, along with the RMs of Kingsley, Hazelwood, Chester and Silverwood—demanded a meeting with Hindley earlier this summer to discuss the issue, and Hindley agreed to an online meeting along with Bonk—the local MLA for the area—on August 17.

Kipling Mayor Pat Jackson was one of the representatives at the meeting on August 17. Jackson is also a SUMA board member for southeast Saskatchewan and says there are currently 10 communities within her SUMA district that are having issues with rural ambulance service.

“We put our case to the minister that this has gone on far too long. We didn’t have all the stats, but in one particular month our ambulance operated four days,” says Jackson.

“His (the minister’s) indication was that nothing would be done right away. Don’t expect me to give an answer to this today. But we would like to know how long (before something is done).

“This is not a problem of 2021 or even a pandemic, this is a longstanding issue. There are about 10 communities with others around them that are having some issues with ambulance in the south-



The representatives of eight municipalities in Southeast Saskatchewan held a Zoom meeting with Minister of Rural and Remote Health Everett Hindley, and Moosomin MLA Steven Bonk, on August 17 to discuss issues with rural ambulance service.

east. I’m a SUMA board member for the southeast as well, and there are 10 communities within my territory—that is the territory that at one time was the Sun Country Health Region.

“We’ve been told that they (the ministry and SHA) are working on something. We put forward a couple of suggestions, one of which is being done in Moose Jaw area where the city and rural ambulance people in a few communities do a swap—the country ambulance personnel go in to work in the city ambulances, and the city ones go out and work in the country ones. What it’s intended to do is give both sides a better perspective of the needs and concerns in the different areas. We suggested that might not be a bad thing to be looking at.

“We suggested we would appreciate our Kipling and district area even be a pilot project to try some of these things that might solve these problems.”

Since the meeting on August 17, Jackson says she has sent a followup email requesting a meeting in-person with the minister to further discuss the issue.

“One of the biggest concerns was that ambulance people were getting paid \$5 an hour on standby time. It’s almost impossible for them to carry on their own business or work for someone else (while on standby) unless the employer is very, very understanding and lenient. For most it’s a matter of if they are going to be on call then they are just on call,” she says.

“Apparently SHA is also looking at one of the issues which is housing.”

Jackson says she is hoping to hear back from the minister’s office about a followup meeting “within a reasonable time.”

She says at the next meeting, the group is planning to present the minister with a list of specific issues being faced by rural communities regarding ambulance service, and the various ways that those communities are trying to keep things going in the meantime.

In an interview with the World-Spectator this summer, Krista Remeshylo, the Director of EMS for central Saskatchewan with the Saskatchewan Health Authority, said lack of ambulance service stems from a

lack of staff.

“Recruitment and retention of healthcare providers to rural and remote communities is challenging,” she said. “It doesn’t matter if you’re a private service or a public service, it is challenging. And we are finding with EMS providers it’s no different. Whether you’re looking for a nurse or an EMS provider, it is difficult to accomplish.”



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Bidding ends: Sun. Oct. 24 @ 1pm—soft close

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'The horse of a lifetime'

Welwyn's Kathy Cecchin wins North American Cup with her horse Desperate Man

BY KARA KINNA

Like a deer in the headlights—that's how Kathy Cecchin describes the stunned, wide-eyed look on her face when her horse, Desperate Man, won the North American Cup at Woodbine Mohawk Park in Campbellville, Ontario on Saturday, September 11 and she was swarmed by media and people congratulating her as she clutched the race trophy for the winning photos.

Born into a family of harness racers, Cecchin grew up in Welwyn, Sask. and is the daughter of Shirley and the late Roy Cuthill. The North America Cup is an annual harness race for three-year-old standardbred pacing horses. It is the richest harness race in North America at \$1 million, with Cecchin taking home \$500,000 after Desperate Man's win.

While winning the North American Cup is big to start with, Cecchin, who is Desperate Man's trainer, says it's even more astounding for "little people" like her and her husband John Cecchin, and her daughter and son-and-law Nikki and Paul Davies (who were given half ownership of the horse as a wedding present) to win a race like that—people who have a handful of horses to their name, compared to multi-millionaire horse owners with hundreds of horses to their name.

Kathy says her love of harness racing came honestly, and roots itself in its days growing up as a small-town kid back in Welwyn.

"I grew up in Welwyn and rode my horse up and down main street. I was absolutely horse crazy," she says.

"My grandfather, I think that's maybe how we all got the bug. They say harness racing is a bug and once you catch it you're basically hooked for life, you can't shake it. My mom and dad—Roy and Shirley—owned great race horses that we raced on



Above: Desperate Man winning the North American Cup.

Left: Kathy Cecchin crying against the neck of her horse after the win.



Above: Cecchin and Desperate Man with the trophy.

"I basically bought horses that my dad owned and my uncle Charles trained and Bobby Lewis trained, who was my grandfather's brother. All of them were so into it, my great uncle Gerald, all of those people, it's very entrenched. We are all entrenched in harness racing.

"Our driver here in Ontario is Trevor Henry. I believe his family was in Saskatchewan and Paul, our son-in-law, his uncle at one point worked for my grandfather.

"Horse racing is a very small world. Everybody knows everybody.

"My husband John has been in harness racing since he was 16. He was born in Elmira. His father was also into racing, ownership of horses and a huge supporter of racing."

Despite all this, Cecchin says nothing compares to Desperate Man, who was purchased for \$20,000 because of his blood lines.

Continued on page 24

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'The horse of a lifetime'

Welwyn's Kathy Cecchin wins North American Cup with her horse Desperate Man

Continued from Page 23

"I have had nothing ever anywhere that compares to this horse," says Cecchin. "I have trained horses. I got my trainers license when I was 16. John is the horse-man. My husband is the one, he has trained horses that have competed at the very highest level, horses that went to the Breeders Crown, but he wanted me to be the trainer of this horse because I picked the horse. I was moving the gears forward, I really wanted to buy this horse as a yearling. The first time the horse entered into what we call baby races for all two-year-olds, John put me down as trainer and I said 'you don't have to do that, you could have put yourself down,' and he said 'no, he's your horse, you can be the trainer.'

"I have less than 200 starts as a trainer."

Despite Desperate Man's impressive breeding, he didn't start out as an obvious champion. In fact anything but. Desperate Man was a good racer, but was an underdog going into the North American Cup. With a calm, low strung demeanor, one so chill that he would snooze in his paddock before a race, there was little indication that he'd be the one coming from behind to claim a major racing crown.

"His barn name is Slick because he was absolutely not slick," says Cecchin. "It was very tongue in cheek that we called him Slick because he's a very late foal. In horse racing horses have a universal birthday of January 1, it doesn't matter when you are born, you turn older on Jan. 1. And he was a May 31 foal which is a late foal, and he was great big and clumsy and goofy and all of those big growthy things. He was super smart and that was sort of his best quality—he's very intelligent and he never gets upset. He's as level headed as you can ask a horse to be. So he had those things going for him but he certainly never looked like a superstar. We were just hoping he'd be a nice race horse, a good, solid competitor.

There were no expectations of him ever being the horse that he actually is.

"As a two-year-old last year he started out the year with three wins in the Ontario Sires Stakes Gold Series which is our highest level of competition in Sire Stakes. He did come out flying last year. And then he had a third and a second and then in the super final where all the money was on the line, I think he was getting tired and he ended up being fourth. He made \$218,000 last year, so he was a good horse.

"This year, thanks to Covid, we were behind. Lots of people took their horses to the U.S. When we got shut down again when there was no racing, lots of people loaded up their trailers and took their horses to race in the States because the States was racing. And we didn't we just kept him at home. So when racing started this year he wasn't fit. He wasn't ready to just go out and take it on. He had a pretty slow start. So he raced at Georgian Downs. A horse named Lawless Shadow had just won the Meadowland Pace, the biggest race in the U.S. for a three-year-old colt, and our horse raced his wheels off and beat him in a photo finish. He raced so good and he was tough.

"So the momentum was, I think, starting to build. He had been second to Bulldog Hanover who was the dead favorite in the North American Cup in the SS Gold, but we were only beat half a length and he was charging at the end. Then we raced in the Somebeachsomewhere stakes and he was second to Which Way to the Beach and again he was coming so

hard in the end, but came in second.

"And in the elimination for the North American Cup, Lawless Shadow unfortunately was a scratch due to an injury and we were second to Bulldog Hanover again, we were beat a length. And he was just kind of lurking around. He was close but he wasn't beating them. He was getting second and putting in good effort, so we were picked for fourth in the North American Cup and we would have been ecstatic for fourth. If we had been fourth it still probably would have been the greatest night of our lives. He was the underdog for sure.

"Our driver (Trevor Henry) gave him the perfect trip. In horse racing, how you end up doing is always about the trip, how it all pans out for you. If you're too hard on your horse at the beginning then your horse gets tired. And Trevor gave him the absolute only trip that he could have to beat those horses. Perfect Sting was second. That horse is a millionaire. He was two-year-old pacer of the year in the U.S. last year. He's the real deal. And Bulldog Hanover and Which Way to the Beach had beaten us, Rocky Road Hanover was third, when we were second in our elimination, he was third. It was a jam packed field."

"So what changed for Desperate Man in the September 11 North American Cup race?

"I think he was getting fitter," says Cecchin. "Never had he raced this many weeks in a row. He's very lightly raced. It's hard to motivate a horse to train that fast where the horse

can actually be race fit. Our horse was getting fatter.

"It's unconfirmed but they think he paced a world record in the last half for his elimination for the North American Cup. He paced his individual last half mile in 51 and 3. It's out there that that was in fact a world record, but no one has been able to confirm it, but we could see he was getting faster, he was getting fitter and Trevor has been taking super good care of him. He doesn't drive him harshly, he's always building up his confidence. He was charging at the end. When they came off the last turn he had a bow in his neck and he wanted to get out where he could start to go."

Cecchin says she and her family were losing their minds when he won the cup.

"We were just acting like idiots, we were yelling and screaming and jumping," she says. "Him winning this race is a dream.

"People like us don't own horses like this. Last year I turned down \$200,000 for him and John said little people can't own a horse like this because when they come with the money you have to sell the horse because if you don't you look like you're an idiot. When they were offering us all the money for him last year, there was talk that someone would have given us \$600,000 for him last year.

"He was never bought to be sold, he was never an investment. And we gave Nikki and Paul half of him as a wedding gift. If you are going to go for a ride, go for a big one, right?"

"Nikki and Paul said no, we'd sooner race the horse instead of sell the horse.

"That's why we still have him, because any person with half a brain would have sold him last year.

"We're little people, John and I have seven horses all winter, now including Desperate Man we have four. Some people have 200 horses and they have grooms who work for them. They offered us the owner's table for the North American Cup, but two of the owners were in the paddock with the horse, and Nikki was coming to help with the walk in front of the grandstand, and Paul's looking after the baby. We don't need the owners table because we're all with the horse and that's very unusual. A lot of these horses are owned by people who have millions of dollars and spend millions of dollars."

With under 20 lifetime starts, to date, Desperate Man has made \$853,000 for his family.

What's next for Cecchin and her horse?

"He is a gelding so he will never have a breeding career. We have another gold race on September 25 and then we have the gold super final which would be October 16 and then he's done for the year, he gets to take the winter off, grow up, mature," she says.

"We just want to finish the year in good health where he's sound and mentally happy. People are already calling to invite us to races next year but I'm just trying to survive the rest of this year."

No matter how much Desperate Man is worth financially, Cecchin says she'll never sell him. She says she slept in her van near the retention barn the night of the race in order to

be near him in case he needed anything.

"I love him with all my heart. I cried in the winners' circle," she says. "He'll keep racing as long as he is well. His future was mapped out the day we bought him. I said to John he'll never leave and some day we are going to ride him. He will never leave here because I am a keeper of things and he is so precious to me.

"Anybody else would have sold him, I'm not a seller, I'm a dinger-oner of things. I have a sheep that's 15 years old. She doesn't have lambs any more . . . If you love something you don't dump them. You don't all of a sudden see dollar signs."

Cecchin says racing Desperate Man has never been about the money.

"Nothing about his date (of birth) or demeanor would lead you to think he's wicked fast. It wasn't about the money, I wanted to show them how good he was.

"It was overwhelming how many people were crying and running and hugging and saying I'm so happy you guys won it.

"If my dad was alive I think he would be in the same boat as me, he would have not believed it. If he could have been there, I can't imagine. I wish everybody had been there. If he had known he was going to win, we would have flown all of Welwyn here.

"We'll never have another horse like him, he is absolutely the horse of a lifetime."

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Well if that was the case I would have missed treasured moments—you know—meal-making and hauling, running for this and that, helping to move machinery, combining. Oh wai! I did miss it all but only due to a 36-day stint with Elections Canada. Harvest was, this year, only in my peripheral vision with the odd meal run and not much else.

The biggest question I had in my mind back in early August was if there was an election call, how would I be able to work the required seven days a week, 12-hour days plus make my meal runs. And that's when my hubby gave me this very short little talk: "We'll manage." You mean, manage without me? And yup, everyone managed just fine without me. Plus I did manage to sneak a meal-run or two in on the side.

One evening, after one of those tailgate meals amidst the flies and the dust, I decided to stay in the RV at the farm overnight. Our granddaughter, 12, popped over for a visit and some snacks. The cupboards were nearly bare except for one thing.

"I can make popcorn," I told her.

"Do you have seasoning?" she asked.

"No," I countered, "but I have butter and salt. When I was a kid, we didn't have seasoning," I continued. "We just ate our popcorn with butter and salt."

Her response? "There was popcorn way back when you were little?"

The weather this year may not have been conducive to producing great crops and the resulting yields were largely disappointing but on the flip side, harvest got off to an early start and farmers were able to keep on rolling day after day after day. After about 20 in a row, I heard the unthinkable from my hubby: "I just wish it would rain. I need a break." Not so from the twins (10) who enjoyed the best August ever—day after day on the combine.

"Whatcha been doing these days?" I asked them one evening, knowing full well the answer. "Combining," they said in unison. "Whatch gonna do tomorrow?" I asked. "Goin' combining," they said. "Don't you ever get tired of that?" And the young men of few words only had one thing to say about that, "Nope." These young farmers went prepared with their lunch all packed and though they didn't exactly say so, I am pretty sure when the men gathered around the tailgate for supper, they were pretty happy to come down off their perch and enjoy a hot meal.

Once the election's end was in sight, I had one goal in mind and that was to go 'creeking.' To get out in the fresh air and travel through the creek amidst the beautiful fall co-

The Lighter Side of Life...
DOWN ON THE FARM
by donna beutler
FREELANCE PHOTOJOURNALIST
dl_beutler@yahoo.ca



lours was foremost on my mind and the minute I started the ATV up, I had two little side kicks ready to join in on the ride. The signs they had made earlier in the summer were readied for our little road trip to the creek so we could hang them up. "Mole Hill Meadows," "Less steep this way," "Red's Road," "Bear Poop Hill," and many more were finally going to find their rightful spot along the trails in the creek. "Why do we even need signs," one of the boys asked. "We know all the trails out here," he said. And so they do. They knew exactly where and on which tree the signs would go. What I didn't tell them though was now Grams won't ever get lost out there in the wilderness.

We have watched the white-tails and the mule deer and kept our eyes open for bear because they are definitely leaving their own signs behind. An evening of cooking steaks over the open fire out along the creek is always a highlight for us as the kids keep busy piling firewood, spotting the wildlife down in the creek below, and getting a close-up look at the craggy oak tree trunks and the beautiful coloured leaves. I am pretty sure it doesn't get any better than this.

Talk of homework and talk of catching up on the farm books or the next day's work schedule can give each of us the sudden realization that real life lurks just around the corner. And so it was on a beautiful near-30-degree late-September day, we left our little refuge in the creek for the trek back out and headed home.

As we close out this year's harvest season, we trust all our farmer friends out there have been able to bring the 2021 crop safely in and that some moments of relaxation might await you, whether in your back yard by the bonfire, around the kitchen table playing board games with your kids or whatever it is that makes the quieter moments fulfilling and rewarding. This wish extends of course to all our readers. As for election workers in this readership area—can I keep your number for next time? Lol. Until next time...

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– OCTOBER 2021 –

18	Monday	Butcher Sale	8 a.m.
20	Wednesday	Presort Charolais Feeder Sale	11 a.m.
21	Thursday	Sheep & Goat Sale	12 Noon
22	Friday	Bred Cow Sale	11:30 a.m.
		Horse & Tack	5 p.m.
25	Monday	Butcher Sale	8 a.m.
27	Wednesday	Presort Angus Feeder Sale	11 a.m.
29	Friday	Presort Feeder Sale	11 a.m.

– NOVEMBER 2021 –

1	Monday	Butcher Sale	8 a.m.
3	Wednesday	Presort Charolais Feeder Sale	11 a.m.
8	Monday	Butcher Sale	8 a.m.
10	Wednesday	Presort Feeder Sale	11 a.m.
15	Monday	Butcher Sale	8 a.m.
17	Wednesday	Presort Angus Feeder Sale	11 a.m.
18	Thursday	Sheep & Goat Sale	12 Noon
19	Friday	Bred Cow Sale	11:30 a.m.
		Horse & Tack	5 p.m.
22	Monday	Butcher Sale	8 a.m.
24	Wednesday	Presort Simmental Feeder Sale	11 a.m.
26	Friday	Presort Feeder Sale	11 a.m.
29	Monday	Butcher Sale	8 a.m.

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Use soil tests to take advantage of a challenging year

By WARREN WARD

Deck: Soil nutrient analysis is an important step in 4R nutrient management. Fall tests done as close to ground freeze-up as possible will provide a good indicator of soil nutrient reserves in the spring. These reserves might be higher than you expect after a dryer-than-normal growing season.

The principles of 4R nutrient management include a couple of jobs that could be done in the fall. One is soil testing—a relatively easy practice that doesn't require a large investment. The other is fall banding of nitrogen—if fall application is part of your fertilizer system.

Soil analysis is useful every year, but may be especially useful this year if yields were less than expected. Results should show higher nutrient reserves and lower required fertilizer rates for 2022.

Soil test tips

Collect fall soil samples once the soil has cooled to at least 10°C. Cool soils reduce the microbial activity that can mobilize nutrients. By waiting until this activity slows down, the soil test result will be a more accurate indicator of nutrient levels next spring.

One composite sample per field can provide a general impression of soil nutrient levels. For the composite, take 15-20 sub-samples from the most productive areas – not hill tops, not low spots, not saline areas. Before blending these sub-samples to make the composite, divide each core into two or three soil depths and put them into separate pails. Three suggested depths would be zero-to-six inches, six-12 inches and 12-24 inches. Two depths would be zero-to-six and six-to-24. With the 15-20 sub-samples separated by depth, blend those samples to create one composite sample per depth. Submit each depth in its own sample bag.

For more precision, sample based on common zones within the field. Zones are generally based on productivity differences, often the result of soil characteristics, drainage or elevation. Three zones could be hilltop, middle and low-lying areas. Follow sampling methods described above for each zone. This could mean up to nine samples per field (three depths for three zones), but this method can provide meaningful results for fields with higher levels of soil variability, and can point to the value of variable-rate application. This approach may also provide some insight into yield variability exacerbated by drought conditions in 2021.



Above: Soil sampling probe.

Variable-rate systems can be complicated, but they don't have to be. For a low-tech option, growers could dial down nitrogen rates while passing over low-producing areas like saline areas and hill tops, or areas that have higher levels of residual nitrogen following a challenging year.

4Rs for fall fertilizer application

The four Rs are "Right Source at the Right Rate, Right Time, Right Place".

Right Source: When making a fall application of nitrogen, the best sources are urea or anhydrous ammonia. Urea and nitrification inhibitors can reduce the risk of loss. Ask the fertilizer supplier about options. In fall, avoid nitrogen sources that contain nitrate, such as UAN, as there are higher losses associated with this more mobile form of nitrogen.

Right Rate: This is where the soil test comes in. For canola, we encourage a rate specific to the needs and yield potential of each field. If fertilizer blends specific to each field are not logistically possible, apply the blend at different rates to match the yield goal for each field.

Right Time: While spring is the ideal time from a 4R perspective, fall application can be a good plan B if logistics make it a challenge to apply enough nitrogen in spring. Make fall applications after soil temperatures have cooled to less than 10°C on well-drained sites and even cooler in high-moisture areas. Cool temperatures significantly reduce losses by reducing the rate of change from ammonium to the more loss-prone nitrate form.

Before fall applications this year, note that soil disturbance will reduce the snow-trapping capacity of stubble heading into winter. This moisture could be valuable after a dryer-than-normal year. Also, if soils are too dry to provide a proper seal of the band, you may need to wait for better conditions.

Right Place: 4R recommends sub-surface bands to reduce losses that can occur with surface applications. This is especially true for fall applications. Band at least two inches deep and space bands no more than 18" apart for cereals and oilseed crops.

Before banding, consider soil moisture. Banding in dry soils can also increase gassing-off losses because soil does not provide a proper seal on the band. For anhydrous ammonia application into dry soils, go deeper (four inches or so) into moisture to reduce losses. Banding in wet soil conditions can also increase losses if the soil does not close well over the band.

Surface spreading of nitrogen fertilizer in the fall can lead to major losses. Broadcast nitrogen should be incorporated, which will require greater soil disturbance, or include urease and nitrification inhibitors (as described under "Right Source") to reduce those losses. Once soils freeze or become permanently snow covered, nitrogen should no longer be broadcast, even when using an enhanced source.

Canola's 4R goal

Canada's canola industry has a goal to see 4R practices used on 90 per cent of canola acres by 2025.

Fertilizer Canada administers the 4R Nutrient Stewardship Program that formally tracks 4R acres. To get their acres counted, farmers have to work with a 4R designated agronomist. The agronomist helps the farmer with the planning process required for 4R, and the agronomist then submits these acres to Fertilizer Canada.

What's in it for the farmer? Through the use of 4R Nutrient Stewardship, farmers can improve nutrient efficiency and get more return from the investment. For more 4R tips and links, including companies with 4R designated agronomists, please read "How to get acres counted as 4R" at canolawatch.org.

Warren Ward is an agronomy specialist and fertilizer lead with the Canola Council of Canada. Email wardw@canolacouncil.org.





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Seven combines and four semis helping to take off the Harvest of Hope wheat crop on September 24 with proceeds from the project going to the Canadian Foodgrains Bank which helps to alleviate world hunger. The Harvest of Hope field is located just north of Moosomin.

Harvest of Hope takes crop off for Foodgrains Bank

BY KARA KINNA

The Harvest of Hope took place on September 24, with seven combines taking off a field of wheat just north of Moosomin. Proceeds from the harvest will be donated to the Canadian Foodgrains Bank.

The combines rolled at around 12:30 pm with Conexus Credit Union volunteering to serve a lunch in the field to volunteers and farmers who came out to help.

Canadian Foodgrains Saskatchewan Representative Rick Block was on hand at the event to watch the combines roll and to enjoy lunch in the field. He thanked the volunteers and organizers with the Harvest of Hope.

Following is a question and answer with Block on the Canadian Foodgrains Bank and its work.

Can you describe your work with the Canadian Foodgrains Bank.

Along with my wife Jacquie, we are the Saskatchewan Representatives for the Foodgrains Bank, and our role is to connect with supporters of the Foodgrains Bank (individuals, businesses, churches, schools), help facilitate learning about hunger and its impacts around the world, and communicate the stories of what people in Saskatchewan are doing to support Canada's international role in providing relief and development.

How many projects are on the go this year in the area you represent?

In Saskatchewan there were 32 growing projects donating the proceeds from more than 3,500 acres of cropland in 2021. The Foodgrains Bank deeply appreciates working together with rural families, businesses, churches and schools to help alleviate situations of se-

vere hunger around the world.

The 280-acre Harvest of Hope Moosomin is a group that has a wealth of practical and professional experience in the ag sector. They also have key partnerships and support from people, businesses, and churches in the surrounding community. On a personal note, I see the joy and purpose that resonate from the members of the group, as they work together each year to plan, grow and sell a crop—as well, it's inspiring to see and hear about their commitment and motivations for why they take part in this project.

How has the pandemic impacted the work of the Foodgrains Bank and the growing projects?

Covid-19 has certainly exasperated hunger in many developing nations, particularly for the populations that may not have work and rely on daily/weekly income for their sustenance. It seems it has also stirred people's realization of our dependence on a food system that functions, and highlights our connection back

to agriculture and those that steward the land. Growing projects have not really been affected that much by Covid, which has been a blessing for the Foodgrains Bank in terms of resources raised to help with the need that exists internationally.

How does the Foodgrains Bank respond to needs around the world during a pandemic?

A big question, with lots of complexities! I've actually pasted three stories from the past six months that speak to this, you can see that the nature of the stories moves from analysis (April) to action (June, August).

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McLellan will never forget the Moosehead

BY KEVIN WEEDMARK

Steve McLellan, CEO of the Saskatchewan Chamber of Commerce, will never forget the Moosehead Inn, a business he was involved with for several years, and that will always have a place in his heart.

"My aunt, Eleanor Sedger was one of the original partners. It was the brainchild of Reg and Louise Dlouhy who created it and they were the operators, and then they decided to part ways," he says. "Then my aunt was there and they had to make some choices. They brought in a couple other partners but she wanted an operator/manager and that's when I and Brian Rutten took over as operators and bought in."

"When my aunt bought in, it became the Moosehead. It was Grandison Hall before that. I think there was four of them originally, Reg and Louise and Ivan Findlay and Eleanor."

"Before that the Dlouhys owned the Maryfield Hotel, they had Saskatchewan's first steak pit. Full credit to them, they built the Porthole restaurant in the Moosehead. Louise did the design on it and much of the look of the place was intact for literally 40 years. So that's full credit to Louise's design skills."

"They had the dream, they built the restaurant, they did some renovations upstairs too and we expanded it over the years, added the deck and the bigger dance area in the top section—it was quite a place."

"It's a shame in so many ways that it's gone. It's a loss for certainly for the Orsted family but it's also a loss for Kenosce because it was a pretty important restaurant and it brought a lot of people to the community."

What's his favorite memory of the Moosehead?

"There are a million. We had many, many, many laughs, lots of crazy things happened. When you're around young people celebrating the summer time and their freedom from university and people that are working at the lake for sometimes their first job away, everyone was always in a great mood and ready to have fun, and my recollection always will be the



Former Moosehead owner Steve McLellan



Above: The exterior of the Moosehead

people and the unique characters that came through.

"In a place like that you always get the regulars that are down every weekend, you get the locals that are around a lot and then you get the twice a year folks who sort of adopted, in some cases, a completely different persona when they were at Kenosce."

"They were wildchids at the lake on the weekend, and Monday to Friday or the rest of the month they were back in Brandon or Saskatoon or Regina as well-mannered people but they got out to the lake and that Moose Mountain air or something and they let loose. You'd see that because I'd see them in other locations over the years and they weren't the same person they were at Kenosce. They weren't dancing on speakers when they were in the city, let me put it that way."

McLellan was involved with the Moosehead for eight years, 1981 to 1989.

"Kenosce is a very special place for many reasons. It's a place people go to relax, it's a decompression point. People go there to relax and have fun."

"The Moosehead was a great place to work. It's different than the stressors of the city—when people go to a bar or res-

taurant after work in the city they're a little more stressed. Out there there's a little more relaxation. I think also the fact it was for those that remember it as a customer it was their little piece of paradise for many of them because it had been around for so long."

"Some of them met their boyfriend, girlfriend, husband, wife, we saw all kinds of that. There were relationships started there that lasted for 30-40 years, and some that lasted for 30-40 minutes. You get a bird's eye view being a manager of a bar like that. It was a great place to be. We used to say great food, great music, great times and it truly was that. People were entertained and in an environment like Moose Mountain provides, it was a good combination."

How much is he going to miss it?
"I'm going to miss it a lot," McLellan says. "For me, for the last 30 years, it's been a place of memories. We did get back

this year and had a pizza and some gizzards and it was great. We had a good chat with Dale but it was mostly in my memories and that will always last."

"I think it's a shame the building burnt and hopefully there'll be something come out of the ashes there, whether it's another Moosehead or it's another restaurant or something. For me it was a series of many positive memories and that will always be with me."



Below: The Porthole dining room was famous for its nautical decor.



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Above: Brenda and Dean Redman running the steam engine for the threshing demonstration.

Left: Museum employee Olivia Kelly along with volunteers pitching sheaves into the threshing demonstration. One of the volunteers is from South Africa and had never seen a threshing machine before.

Below: People disembarking from the hay ride.

Rocanville Threshing and Museum Day

Rocanville and District Museum's Threshing and Museum Day was held on Saturday, September 18. The day started with a pancake breakfast and also included a market, lunch, musical entertainment, hay rides, antique vehicle rides and a threshing demonstration which drew a large crowd of interested people. This annual event is the main fundraiser for the Rocanville and District Museum.



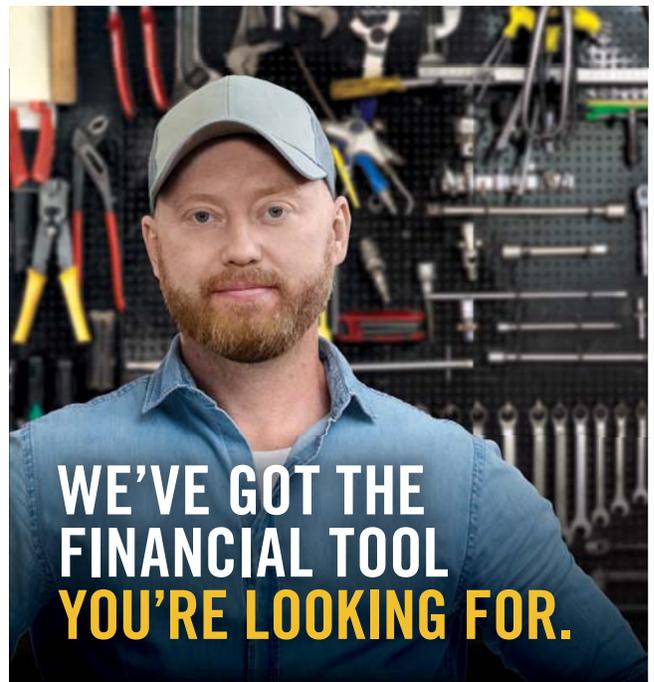
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Grave marker found at Fleming cemetery

This grave marker, right, was found at Fleming Cemetery this summer, and the town is trying to figure out who it belongs to. The marker stone was found in the cemetery on its own, not on a specific grave. The town is trying to figure out why it was left in the cemetery, if it belongs to a grave there, or if it was stolen and belongs to a grave in another cemetery, but was dropped off in Fleming. "We're hoping it gets back to its rightful place," says Phil Hamm of Fleming. Hamm says anyone with information on the grave marker can contact Connie Forsyth at 306-435-2619.



Lack of moisture continues to be an issue heading into winter

Harvest is completely wrapped up in the Southeast Saskatchewan and producers continue to do fall work as weather conditions allow. Fall weed control and fertilizer applications have slowed down due to the extremely dry soil conditions in some parts of the region. Producers are trying to limit the amount of soil they disturb in order to conserve what little soil moisture they have.

Crop yields varied greatly within the region depending on how much moisture was received throughout the growing season. The region also saw a large yield impact from heat stress, wind, hail and grasshoppers this summer. Yields in this region are slightly higher than other regions due to some decent, timely rains throughout much of the season. Crop quality in the region was good overall, with the majority of crops falling within the top two grades due to limited fall moisture during harvest and limited disease issues.

Moisture conditions continue to remain a major concern. Even with several precipitation events during the growing season, the constant strong winds and the extreme heat in July left the topsoil moisture conditions very depleted in most of the region. Farmland will need significant amounts of moisture before next spring to replenish topsoil and subsoil moisture conditions for the next growing season. Heading into winter, cropland topsoil moisture is rated as 21 per cent adequate, 54 per cent short and 25 per cent very short. Hay and pasture land topsoil moisture is rated as 12 per

cent adequate, 36 per cent short and 52 per cent very short.

Average hay yields on dry land are reported (in tons per acre) as: alfalfa 1.2; alfalfa/brome 1.0; other tame hay 0.93; wild hay 0.66; and greenfeed 1.92.

At this time, most livestock producers have indicated that they will most likely have adequate hay, straw, greenfeed and feed grain heading into winter, although producers in drier areas have reported that many will not have adequate winter feed supplies and shortages will be likely. Some producers have reduced the size of their herds in order to stretch their feed supplies longer throughout the winter. Along with affecting hay and feed yields, the dry conditions this year have resulted in shortages or potential shortages of water supplies for livestock as well. Producers have had to haul water to their cattle all season long due to quantity and quality issues; going into winter there are concerns about sourcing water for livestock.

Crop reporters have indicated that acres seeded to winter wheat and fall rye are below average this fall due to drier than normal field conditions; acreage is estimated to fall somewhere between 20 to 25 per cent. There were concerns that crops would not germinate and establish properly for winter due to the severely dry conditions.

Producers are busy cleaning up fields, hauling grain and bales, working low spots, applying fertilizer and herbicides, picking rocks and preparing cattle for winter.

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